

SUNDAY 4th October 2009 – part transcription
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THE ASCENDED JESUS CHRIST – EMMANUEL
transmitting through the accredited Messenger Usa

Introduction by Usa: part transcription

.....Good morning everyone. Take a deep breath together. One thing that Akasha would remind me that when I take that deep breath, that's an opportunity to instantly visualise the three great immortal flames that abide within us, and on the in -breath imagine that you are breathing into those flames and on the out-breath (*the exhale*) imagine those flames expanding.

For those of you who may not have heard, these great flames within, the Ascended Host call them the unfed flames. They want us to realise that these flames within, are not fed from **anything** in the world (*in the ways that we feed our bodies food that transforms into energy*) these flames are fed by our higher self, **I AM Presence** and when our attention is placed upon them, we enter into loving acknowledgement and acceptance and invocation, do those flames respond and expand and produce a beautiful **golden halo**. Once that **golden halo** builds and builds a momentum, then comes a day that **The I AM Presence** releases a **mighty surge** of life-force, down onto those flames, bringing about a **bursting sensation** to the golden halo within, that transforms it into a **Golden Suns' Presence**. In that moment we are carrying the **full Christ activity**, if you can imagine everything that the Christ might be, we are carrying that **full Christ activity** within our physical garments.

All throughout this year Akasha invited us to build within our consciousness, that through intervention and through the will of the spiritual family awakening on the earth, that there could be in August 2009, *on the Ascension anniversary of the Beloved Mary, which is the 15th of August*, there could be a **collective surge** of life-force, descending down from **The I AM Presence**, into these **mighty flames**, bringing about a collective **bursting** of their **golden halo** into an actual **Golden Suns Presence**. This happened for **many** on **August 15th 2009**.

Now, because there are many, and by many I would say hundreds and those numbers are growing every day, who have transformed their inner halo into an **actual** mini suns presence about the size of a grapefruit, and because many have accomplished it, this makes it easier for **anyone else** who places their attention upon their great **God-Flames**. You can call them your *immortal flames*; you can call them your *unfed flames*, the point is, the Ascended Masters say, don't get caught up in the right use of the word, it is **more** important to acknowledge a **great activity**, and **love** that activity and **know** that we must use our free will, the power that is ours to acknowledge, to accept and to invoke or invite that **great activity**.

So with that, the last thing I will say, is that when you look down upon your chest, the **centre flame**, *if you take your third finger and look for the little indent where the rib-cage comes together in the little indent underneath*, well just above that indent and **behind** where the rib-cage comes together, is the **base of the Golden Flame**.

That **golden flame** in its height can rise up to about six inches; at the top of that flame it begins to plume out like ostrich feathers; **it plumes out forward**.

The **pink flame** as you look down upon your chest, rises up alongside the golden flame, and it rises up and begins to lean out a little **to the right** and it doesn't rise quite as high as the gold, it rises about four inches high and then it **plumes out to your right**.

The **blue flame** rising up from the base of the gold flame on the left, again as it rises it begins to move a little **further to the left** and as it rises up **it plumes to the left**. So you have the gold flame the pink flame and the blue flame; **Love, Wisdom and Power**. Each flame represents a great quality to life.

So with that and the visualisation, let's come together a few moments in an opening meditation to open our hearts to our Beloved Akasha who also comes this morning to open the way for the **Ascended Jesus Christ, Emmanuel** to flash his words and his love and his presence with us today.

THE ASCENDED JESUS CHRIST - EMMANUEL: (part transcription)

Beloved of this **The I AM Family of Light** gathering.....

I AM indeed grateful for the few moments given to me, to flash my **Love**, my words and my Presence to each of you, for I say to you, **I Emmanuel**, *known in your history as the Ascended Jesus Christ*, in these days I AM fulfilling my promise to assist in ushering in this **great Divine plan for the seventh Golden Age come 2012**.

I have promised and promised and promised that where those gather in my name and invite my Presence, **THERE WILL I BE**.

Now these things and these promises that I have made, have not been recorded properly, *or having been recorded*, what I said has been twisted and therefore not offered in a way that is meaningful and that which **you** could use in your life.

Therefore I wish to say to you, the great activity of **any Ascended Being** is to **love** to project the **luminosity**, that comes from our Heart-Flames and to **project that** where it is called. The luminosity of our Heart-Flame holds our life, our consciousness, our attainment, the record of our Ascension and **more**.

So, when I promised you, before my Ascension that I would return and again after my Ascension when I returned to my disciples and my Mother I promised **again**,

"Where you will gather in my name there I will be and I will **fill you and charge you with my Life**".

I knew before my Ascension, for the great studies were given to me from my own personal teacher in the Himalayan Mystery School, the **Lord Maitreya**.

By his teachings and what **I** had to demonstrate, before my ministry began, I knew **the art of divine projection** and I knew that one day my own Heart-Flame would be such a great **raising activity**, upon my physical temple. I knew that my own Heart-Flames, **loved by me, directed by me, expanded by me**, would take me through my Resurrection and into my Ascension.

I knew that in my Resurrection cycle and before my Ascension, that I could begin to **project the Great Redeeming Presence of Love, Mercy and Forgiveness**, that was the intelligence and the power, **behind** the miracles that took place.

I knew that by the **Cosmic Laws** demand that I set into motion, that whomever and from where ever there is Love that comes to me, for the service that I gave to life, I **programmed**, if you will, I set into motion, that where that Love finds me, through the power of attention in other words, I knew back then, **that if you placed your attention, if you accepted me and my Life and my achievements and my promises to life**; and if **you** in some future time, would place your attention upon me, and offer me your love, **not that I require it**, it is because **it is** the fulfilment of the Law, that you must **love** and that if you would then commune with me, I knew I could take that **love of your life** and I could take that **into my heart-flame and project the luminosity** of that, **BACK TO YOU**, fulfilling my promise, **that where you gather in my name and call for my assistance, there will I be**.

I bring this to your attention, that **you** may call me into your life **more**; yet also, as my Mother, Beloved Mother Mary said yesterday, **our time is over**.

Now in these days ahead we work *behind the scenes* and we seek to assist each of you to take "**your stage in life**".

Long before your Resurrection completes and the days of service you have come to fulfil, can each of you teach yourself, the **projection of those heart-flames** that already abide within you; and call upon those heart-flames within yourself, to project **out into your world** their **Love**, their **Wisdom**, their **Beauty**, their **Perfection** and their **All Christ** control of **every** condition in your life, yielding happiness and harmony and fulfilment, miracles and perfection.

So this is two handed in what I am speaking to you.

To try to help you to understand my words and my promise given more than 2,000 years ago.

I have, in hundreds of thousands of instances, already proved my promise, *that where I am invited there I will be* and it is a simple matter; that I have **projected my own heart flames**. That where **love** and a call comes to me, that **that** will enter directly into my mighty Heart-Flames, out of which I will take that call in, and my Heart-Flames will **project the luminosity** of my Life and the *answer to the individuals call*, **back to them**.

And so it is and has **always** been the way and now your time comes.

Your families require your love, people that step into your lives, *there are no accidents*, require your help.

Your world, your nations, requires so much intervention.

Unlike times in the past and former civilisations, **we** in the Ascended Realms **do not come** to lead the way into a new civilisation.

You are the way-showers, **you** must stand tall, **and you** must find **yourselves**.

We stand alongside you, we stand behind you, to **fill** you with the **strength of our Love** and the greatest **Love of ALL**, is the **Love** that comes from the **great Heart-Flames within**.

And so I leave you with this.

If you would more often, *in the privacy of your prayers at home*, if you would **love** your Presence and then say:

"Now, through my own Beloved Presence **I AM**, I extend my love and I place my attention upon Emmanuel who was Jesus to this world, and I **pour my love** to this great Master and I invite **His Life** to come into me, my Life and my world".....

and then take a deep breath, be there, be open, be receptive, stay still for about two to three minutes, for you **must be still to receive**, and then go on about your day.

If you will keep this simple activity up, your love, *through the power of your attention, the use of your free will*, will reach me. This will enter my Heart-Flames; the luminosity of my Heart-Flames will go back to **you** and also answer **any call for assistance**.

In this way do you not realise, **I AM** filling you with **my Life!**

My heart-flames contain **all** my Life, just as your heart flames do as well. Yet all that I did and continue to do, I made it **very** clear **that you too one day, will do**, and **your time has come!**

Turn your attention to me and let me **fill you with my Life**, and know that my Life is the **luminosity of my heart-flame** that I will fill you with, and then if you do your part and start projecting the luminosity of **your** heart-flame, that carries **your Presence, your miracles, your perfection, your answers, your solution**, and start **projecting** that into your homes, your loved ones, your families and **everything** you're involved in and everything that you have come to build. If you will just **set into** motion and do both, I say to you dear hearts, you will prove **very** quickly the power

that **you** have, to set into motion, the **great activities of life** that ultimately are intended to serve each of you.

What a **heart driven** group of individuals.

So easily does the *sinister force* creep into the human intellect so easily, because people will not arm themselves in the Sacred Fire of the **Violet Flame** and the **Tube of Light**.

You must understand that *discordant thought projection*, **which is atomic energy** - **cannot pass that force-field of the Violet Flame and the Tube of Light**.

Yet I say to you, we have watched the fracturing, of **so many** spiritual movements upon the earth and many of them were so easy to fracture by the sinister force. They have a lot of Light but they **did not have the fullness of the heart activity** which is the '**Mothers' Presence**', to **solidify** that group and to **protect**.

Mother Mary came to you during this gathering yesterday and she asked Akasha to record the names of all those attending, so that she could start communing with **The I AM Presence** of each of you, to restore the **original Divine immaculate conception of your being** and to begin to imprint that into your cellular and water activity of your garment..... (end of part transcription)